

Monterey Junior Lifeguards Session 1: Monterey State Beach

2023: June 12th-June 30th

Week	Activities	Location	Program Time	LG Report Time @ MSB
Week 1				
12-Jun	Ocean Safety: Rules and Regulations	Monterey State Beach	9AM-2PM	8:30 AM
13-Jun	Water Entry's & Exit's	Monterey State Beach	9AM-2PM	8:30 AM
14-Jun	Ocean Conditions & Hawaii Day	Monterey State Beach	9AM-2PM	8:30 AM
15-Jun	Picture Day	Monterey State Beach	9AM-2PM	8:30 AM
16-Jun	Asilomar Surf Safari	*Asilomar State Beach	9AM-2PM	8:30 AM
Week 2				
19-Jun	Water Entry Review/Rescue Demo Day	Monterey State Beach	9AM-2PM	8:30 AM
20-Jun	Beach Cleanup/Sunscreen Lecture 1pm	Monterey State Beach	9AM-2PM	8:30 AM
21-Jun	Rodeo Day	Monterey State Beach	9AM-2PM	8:30 AM
22-Jun	Monterey Fire Day	Monterey State Beach	9AM-2PM	8:30 AM
23-Jun	First Aid/CPR skills day	*Carmel River Beach	9AM-2PM	8:30 AM
Week 3				
26-Jun	Rescue skills Day	Monterey State Beach	9AM-2PM	8:30 AM
27-Jun	Crème Puff Olympics	Monterey State Beach	9AM-2PM	8:30 AM
28-Jun	JG Comp @ Capitola City Beach	Capitola City Beach	9AM-4PM	8:00 AM
29-Jun	Pirate Day/Free Play Day	Monterey State Beach	10AM-4PM	8:30 AM
30-Jun	Banquet	*San Carlos Picnic Area	9AM-2PM	8:30 AM

Field Trip Information:

<u>WEEK</u>	<u>LOCATION</u>	<u>DIRECTIONS</u>
Week 1	<u>Asilomar State Beach</u>	<i>HWY 68 West to Pacific Grove proceed</i>
6/16/2023		<i>3.1 miles then turn left onto Sunset Drive. Asilomar drop off on the left.</i>
Week 2	<u>Carmel River State Beach</u>	<i>Take HWY 1 South to Rio Rd Carmel</i>
6/23/2023		<i>RT. on Rio Road; LT. on Santa Lucia; LT. on Carmelo to destination</i>
Week 3	<u>San Carlos Beach</u>	<i>Take HWY 1 to Del Monte Exit</i>
6/30/2023		<i>On Del Monte Ave. proceed through tunnel. First RT onto Foam St make the next RT San Carlos Beach is on the Left.</i>

***Please Note: All dates and locations subject to change due to unforeseen conditions.**